



Many of our patients struggle with hair removal. While traditional methods of hair removal, such as waxing, shaving, or depilatories are often adequate, sometimes a more lasting effect is desired. With this in mind, Dr. Patel offers her patients an alternative, in the form of Laser Hair Reduction. This procedure effectively thins and reduces the number of hair follicles resulting in a marked reduction of visible hair.

Please consult with Dr. Patel to determine if this procedure may be right for you.



**Nita Patel, MD**

Diplomate, American Board of Dermatology

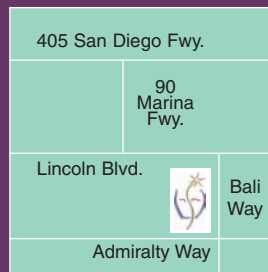
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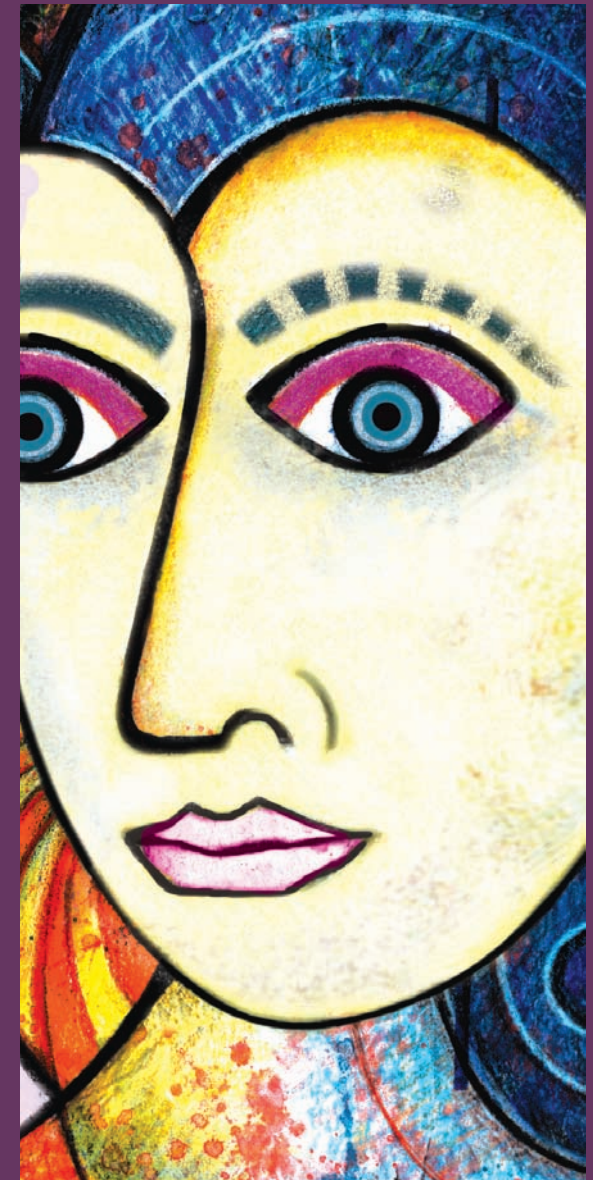
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**LASER HAIR REDUCTION**

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# LASER HAIR REDUCTION



Laser hair reduction is an effective option for those who wish to reduce unwanted hair. The treatment consists of multiple sessions with the Apogee Laser, performed by Dr. Patel. This procedure is quick, convenient, and long lasting. Patients can expect a visible reduction of hair within the first few treatments. Discomfort is minimal, and can be further reduced by the application of a topical anesthetic.

## HOW IT WORKS

A laser produces a beam of highly concentrated light. The light emitted by the laser can be absorbed by the pigment located in active hair follicles. The laser pulses for a fraction of a second, just long enough to vaporize the pigment, disabling several follicles at a time to eliminate or significantly impede the hair follicle's growth.

In addition, the laser handpiece is equipped with a special air-cooling device, which produces a steady stream of cold air directed at the surface of the skin. The layer of cold air protects the surface of the skin from damage and makes the procedure more comfortable for the patient.

The Apogee Laser is designed to target pigment in an "active growing" hair follicle. It is important to understand that because only approximately 30% of hair is actively growing at any time. Multiple treatment sessions are required to capture the majority of the hair follicles. Treatments are priced per session, with most patients averaging 3 to 5 sessions per area. Please consult with Dr. Patel for a detailed treatment plan and price quote.

## THE PROCEDURE

The patient should shave the area to be treated the night before the appointment.

A topical anesthetic is highly recommended and should be applied thickly 1 to 2 hours prior to the appointment time. It must be occluded (covered) with plastic wrap to prevent evaporation.

Depending on the size of the area treated, sessions last approximately 10 to 30 minutes.

Patients should not pluck or tweeze the treated areas prior to or between treatments.

Dr. Patel is pleased to offer the latest technology in Laser Hair Reduction. New advances in laser technology allow for the treatment of darker skin tones. Darker, more pigmented skin tones have historically been difficult to treat with laser. Our system is equipped with a special air-cooling device, allowing for treatment of darker skin. However, treatments should not be performed on recently "tanned" skin. Please consult with Dr. Patel to determine if you are a good candidate for this procedure.

### APPROXIMATE PRICES

These prices are average price ranges for frequently requested treatment areas. Please consult with Dr. Patel for a definite quote. All prices are per session.

Lip/Chin	\$ 150-300
Bikini	\$ 300-500
Leg (single)	\$ 500-750
Back	\$ 500-750
Underarms	\$ 300-400